

**EXCESSIVE MATERNAL WEIGHT GAIN DURING
GESTATION LEADS TO OFFSPRING WITH
INCREASED ADIPOGENIC POTENTIAL IN THE
IMMEDIATE PERINATAL PERIOD IN PIGS**

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Gestational weight gain in the U.S.

- Institute of Medicine recommendations

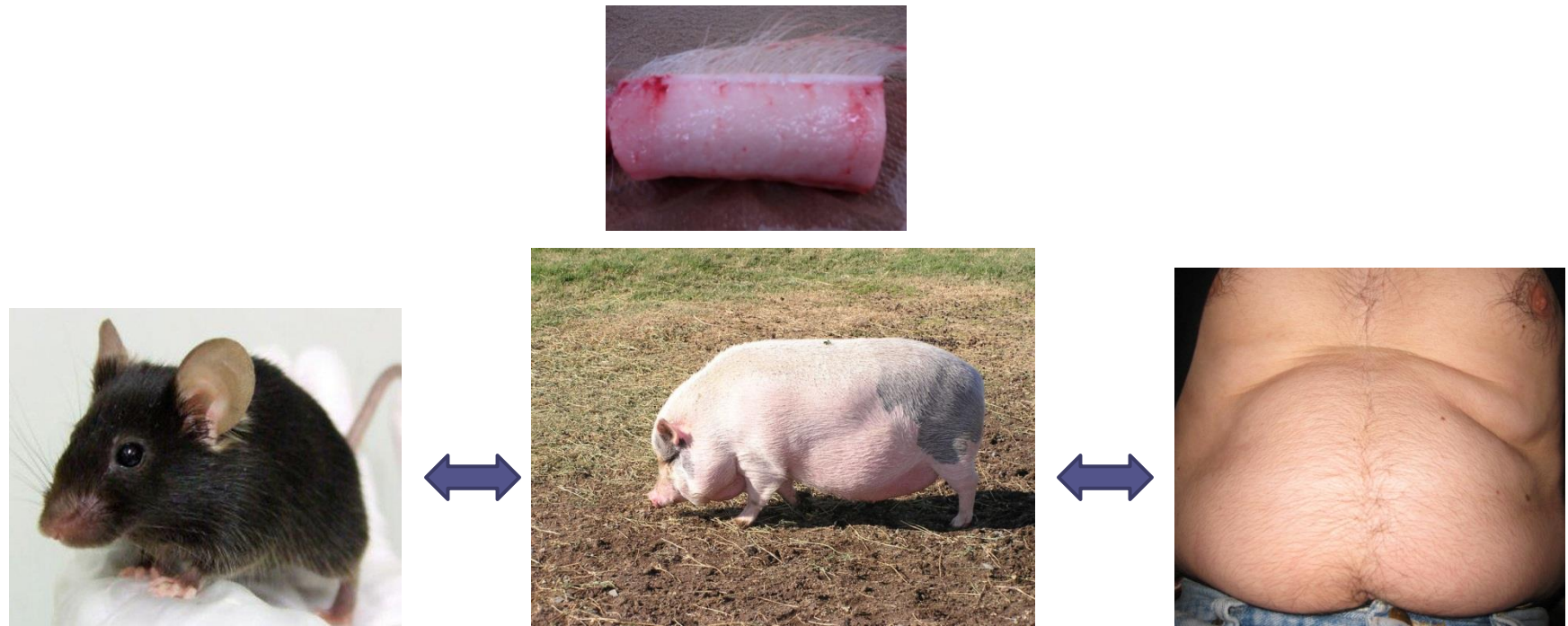
Prepregnancy BMI	Total Weight Gain	
	Range in kg	Range in lbs
Underweight (< 18.5 kg/m ²)	12.5-18	28-40
Normal weight (18.5-24.9 kg/m ²)	11.5-16	25-35
Overweight (25.0-29.9 kg/m ²)	7-11.5	15-25
Obese (≥ 30.0 kg/m ²)	5-9	11-20



Recommended GWG decreases with increasing prepregnancy BMI

- Approximately 20% of all pregnancies in the US gain more than the recommended amount of weight. Overweight and obese women are at particular risk.
- Excess weight gain presents health risks for both mother and offspring

Pig Model



- ❑ Pig model serves as a good bridge between mouse and humans
- ❑ Studies in mice can be replicated in pigs

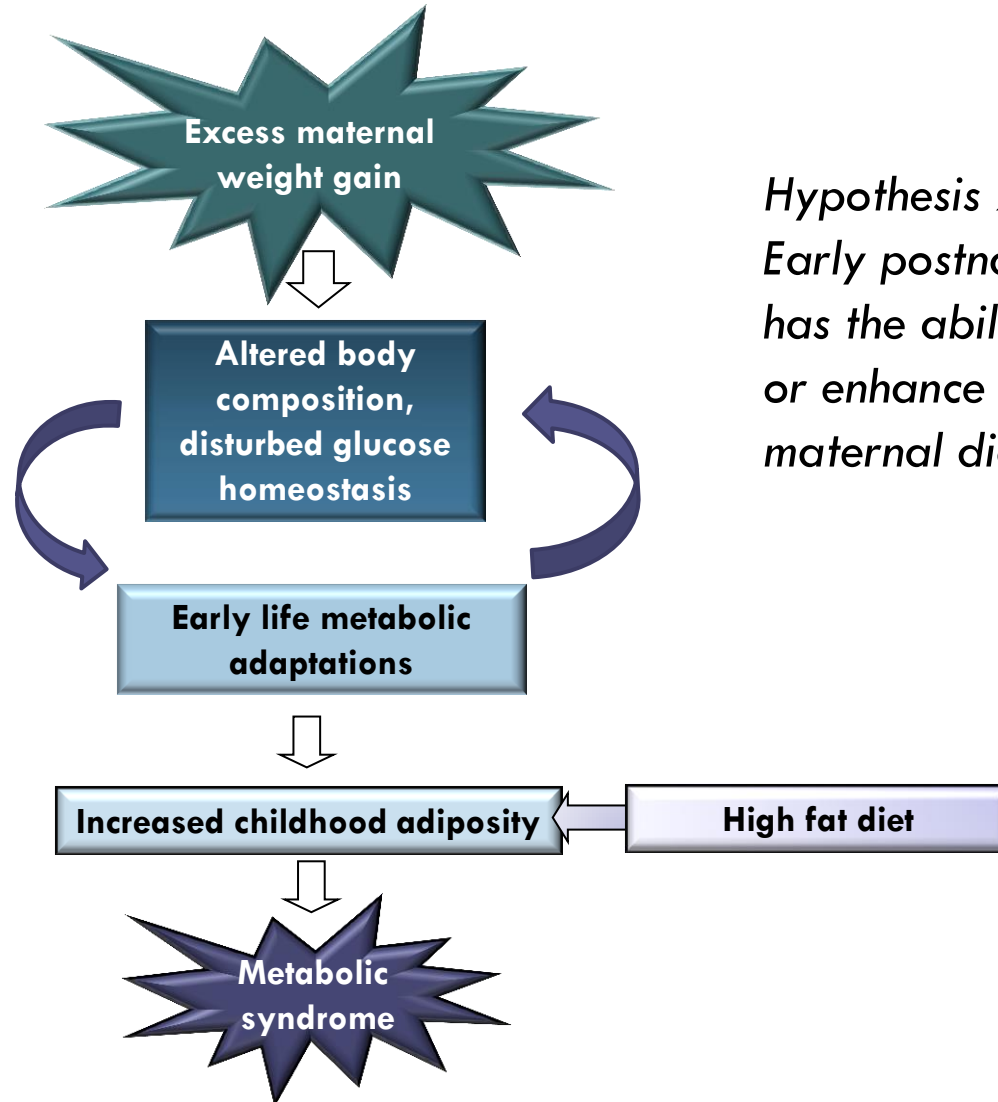
Perinatal Nutrition in Pigs

Piglet diet before weaning can be manipulated to cause maximum epigenetic effects during the perinatal period



Study hypotheses

*Hypothesis 1:
Excessive weight gain during pregnancy due to increased energy intake will result in programming modifications that predispose offspring to obesity and aspects of the metabolic syndrome.*



*Hypothesis 2:
Early postnatal nutrition has the ability reverse or enhance the effect of maternal diet.*

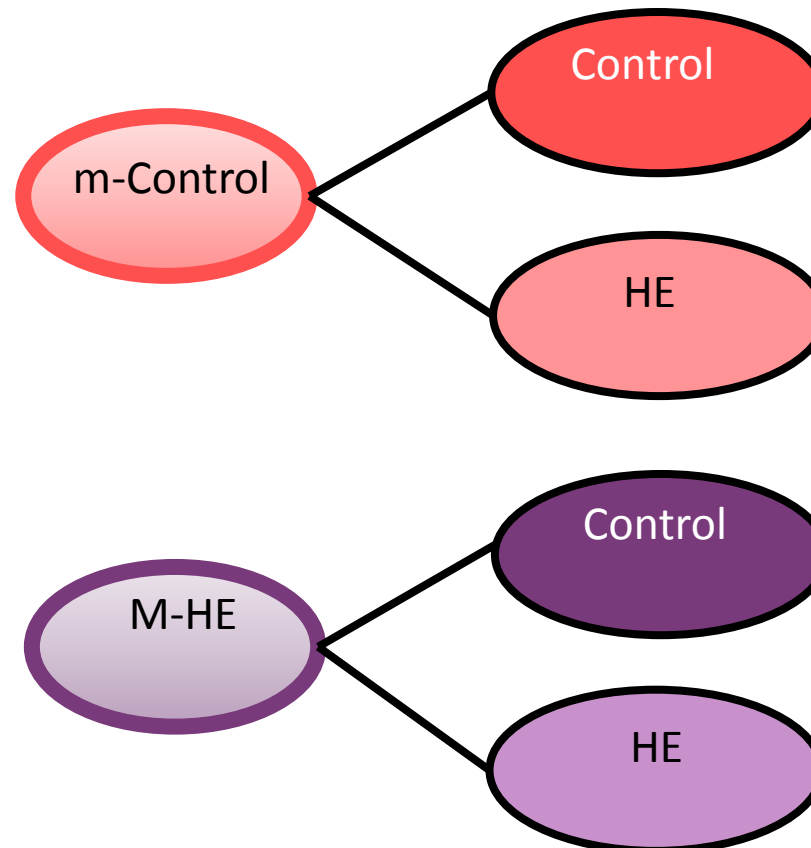
Study Design

Maternal groups

Post-weaning groups

Maternal Diets:

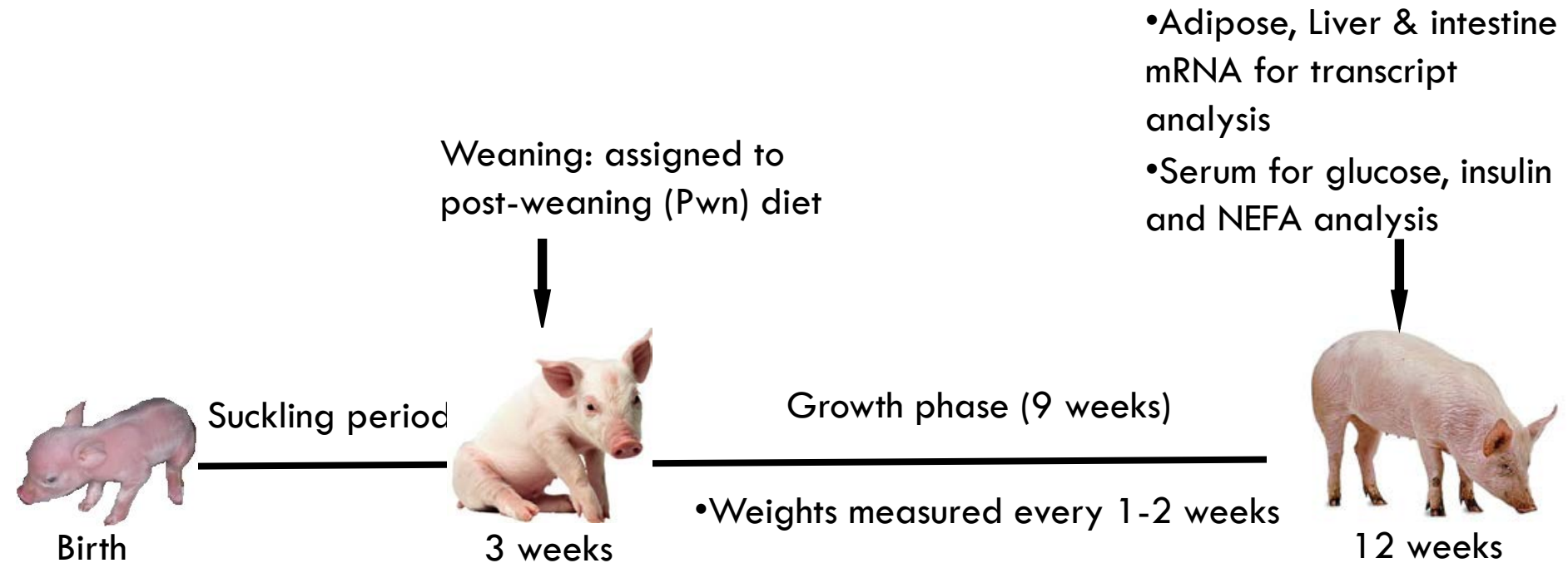
- m-Control: chow gestation diet
- M-HE: high energy gestation diet
 - Increased energy intake (kcal) by ~50%
 - Matched for protein intake (g/day)



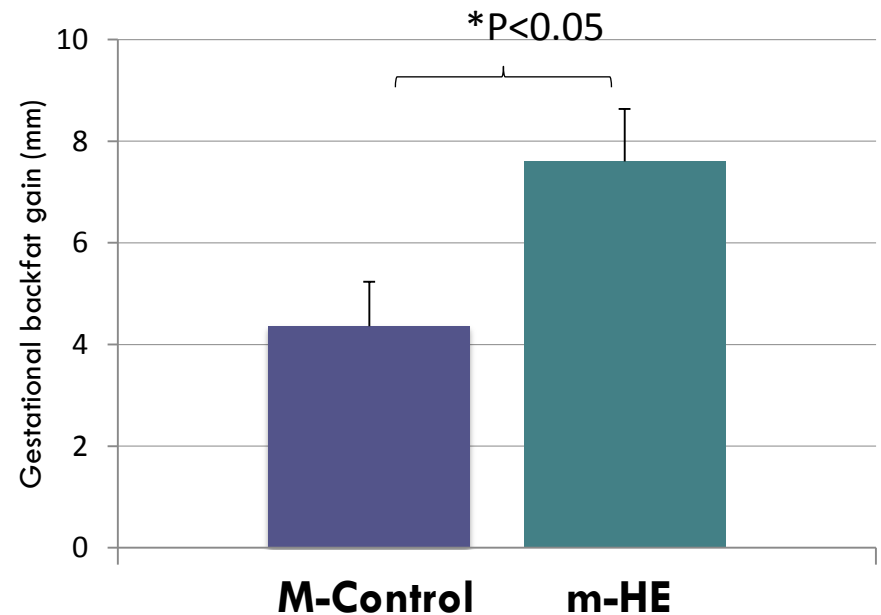
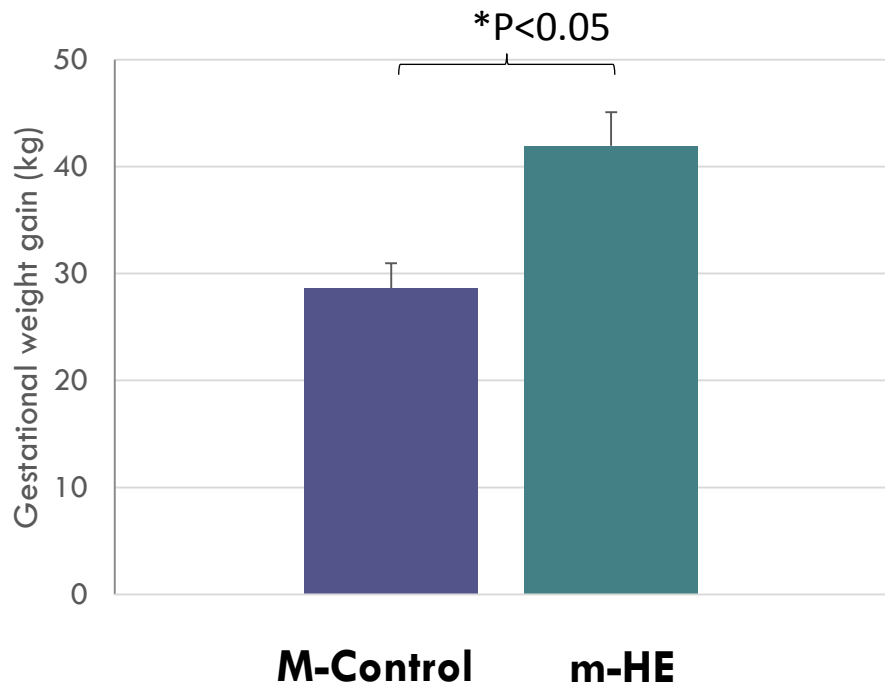
Post-weaning Diets:

- Control: chow piglet diets
- HE: high fat piglet diets
 - Increased fat content of diet by 10-15%

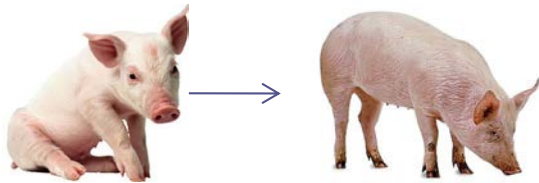
Experimental methods for determining programming of offspring



High energy diet increased maternal weight gain and adiposity during gestation

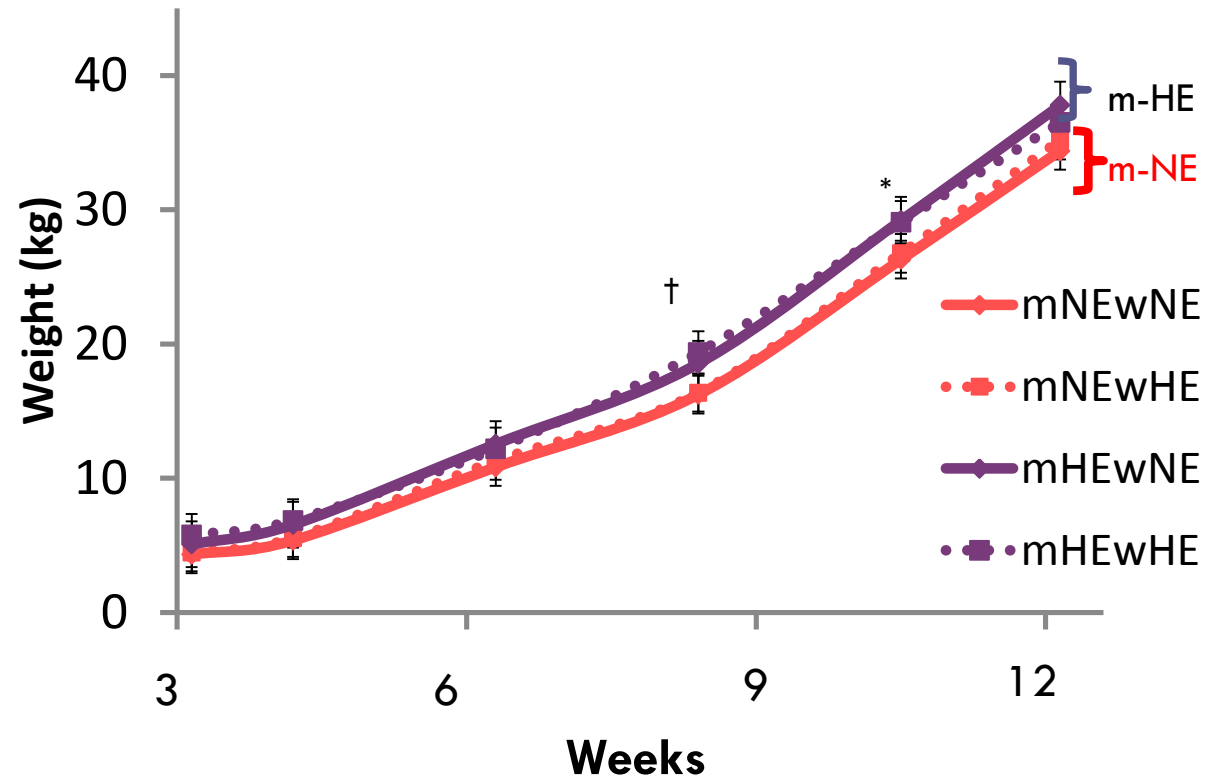


Offspring from sows fed a HE diet weighed more at 8 and 10 weeks of age.

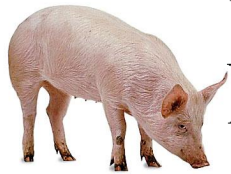


Increased childhood adiposity

Main effect	P-value
Mat	0.12
Pwn	0.93
Mat*Pwn	0.85
Day	<0.05
Mat*Pwn*Day	0.95



Feeding a HF diet to offspring from HF diet fed sows induced disturbed offspring glucose homeostasis

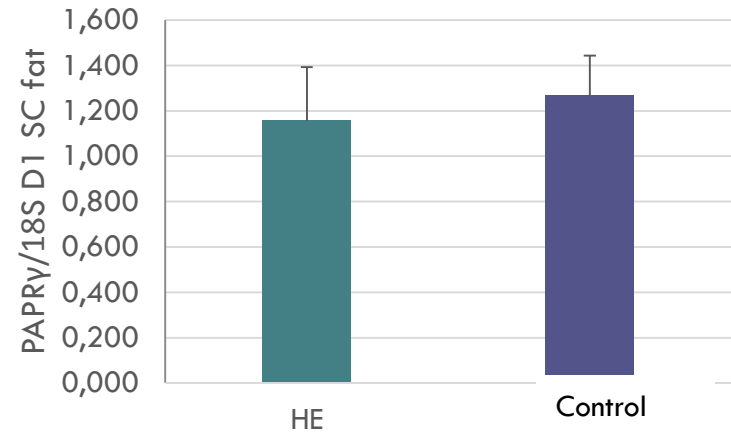
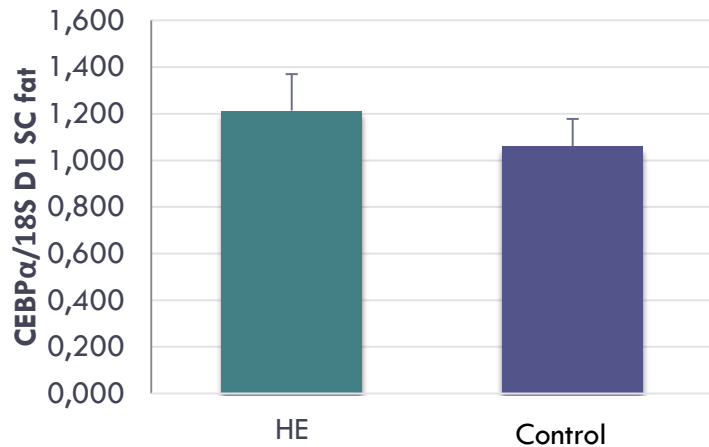


	Maternal Diet				CI	P-Values		
	M-Control		M-HE			Mat	Pst.natal	M x P
	p-Control	p-HE	p-Control	P-HE				
Glucose (mg/dl)	70	80	64	102*†	(67.3, 90.9)	0.47	<0.05	0.21
Insulin (ng/ml)	0.016	0.013	0.010	0.021†	(0.011, 0.019)	0.92	0.24	0.08
NEFA (mmol/L)	0.43	0.43	0.62	0.31*	(0.34,0.56)	0.87	0.12	0.11

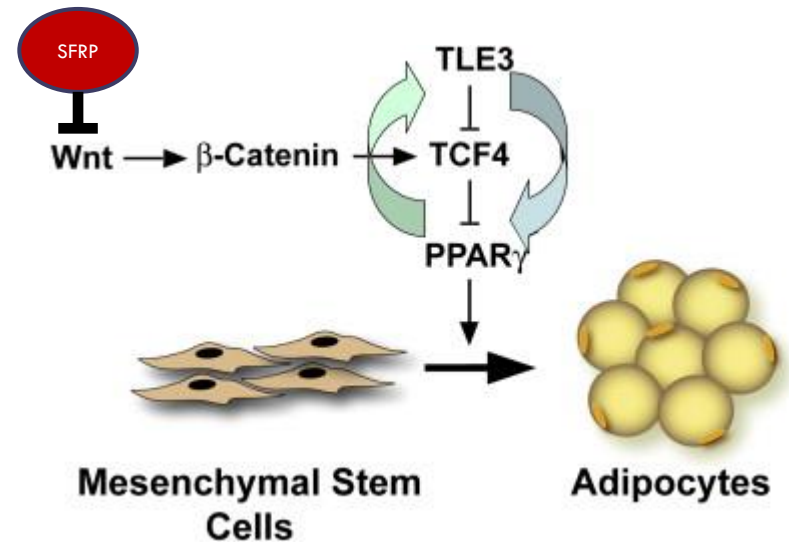
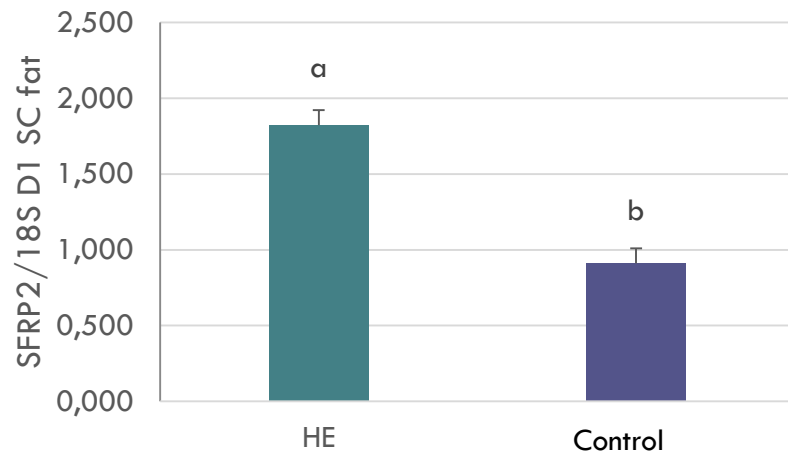
† Significantly different (P<0.05) from control group of the maternal group (mHE→wNE)

* Significantly different (P<0.05) from offspring of control dams fed the same post-weaning diet (mNE→wHE)

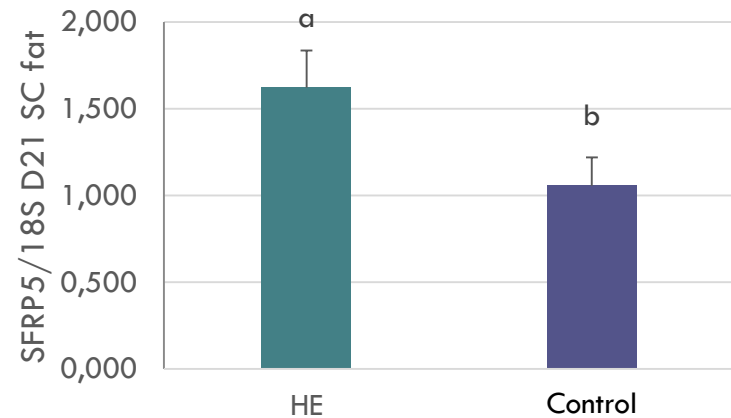
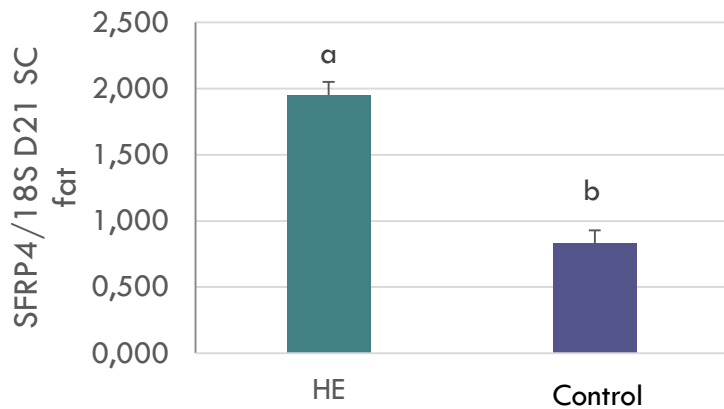
Adipose CEBP α and PPAR γ at 48 hr



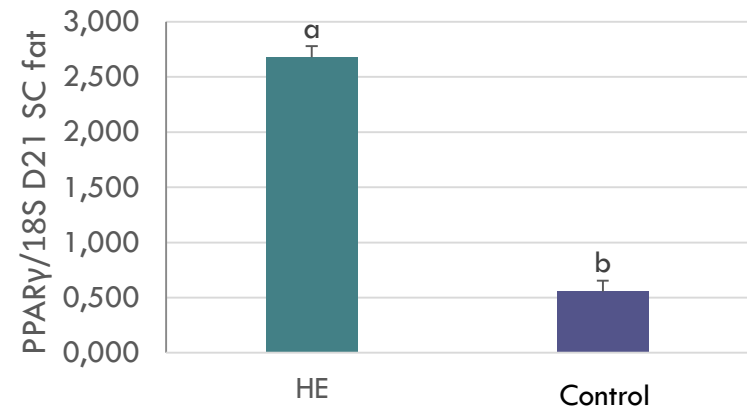
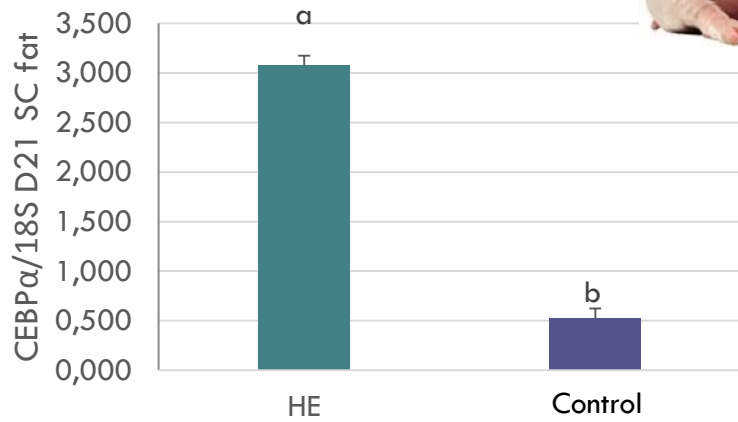
Adipose SFRP2 at 48hr



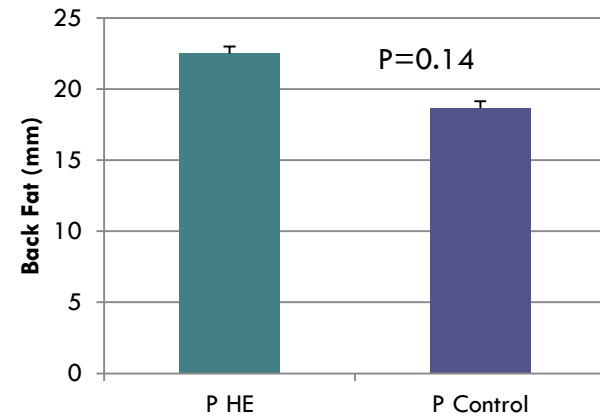
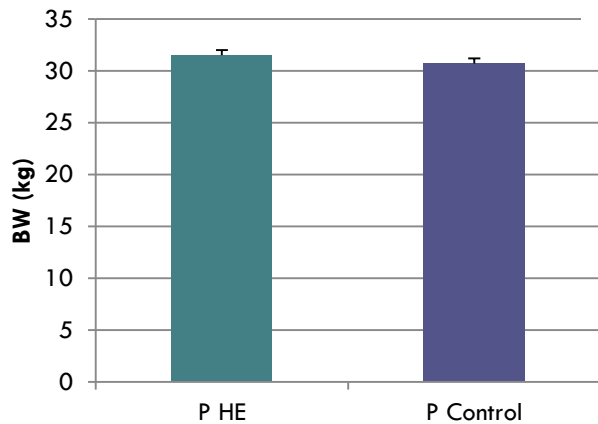
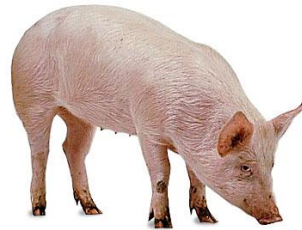
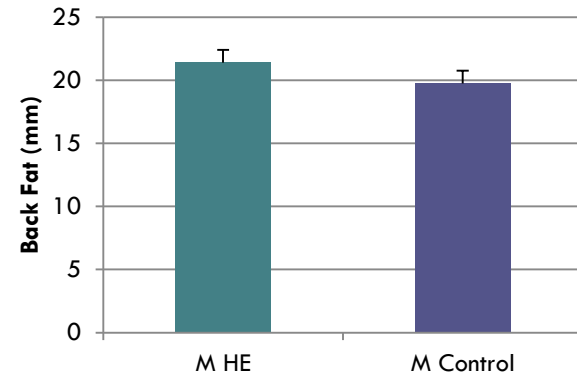
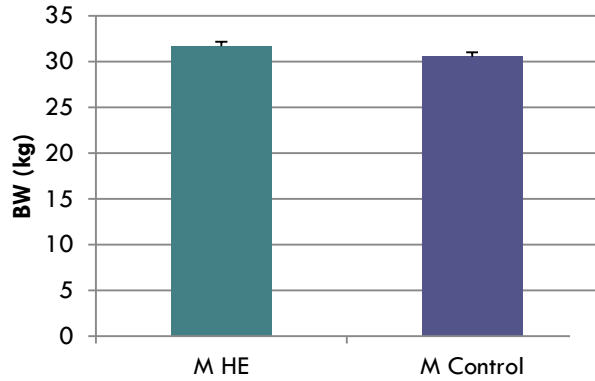
Adipose SFRP4 and SFRP5 at 3 wks



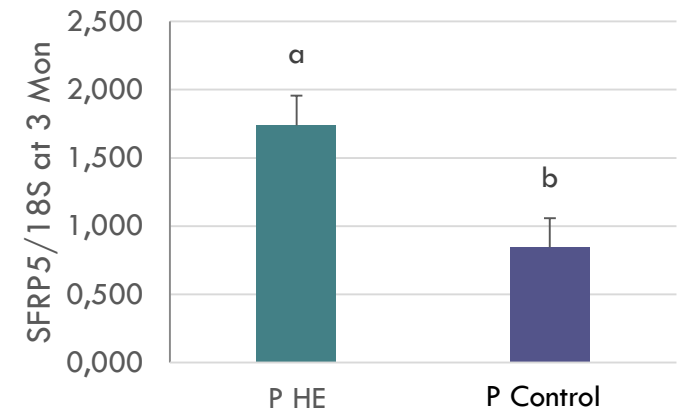
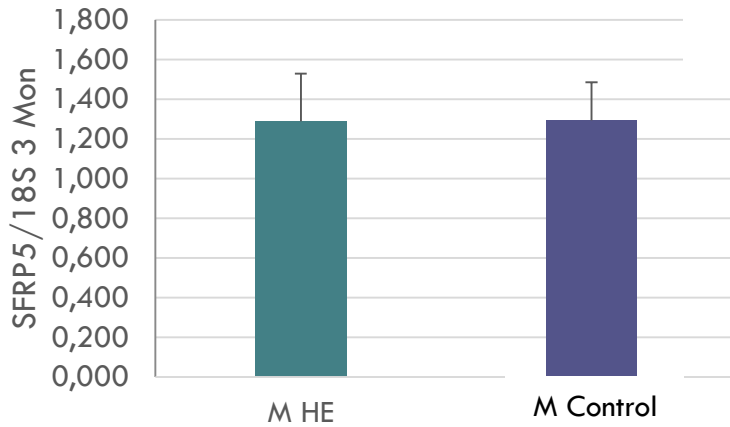
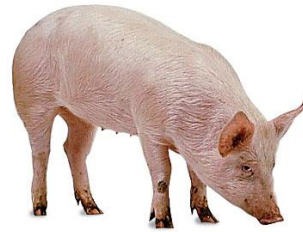
Adipose CEBP α and PPAR γ at 3 wks



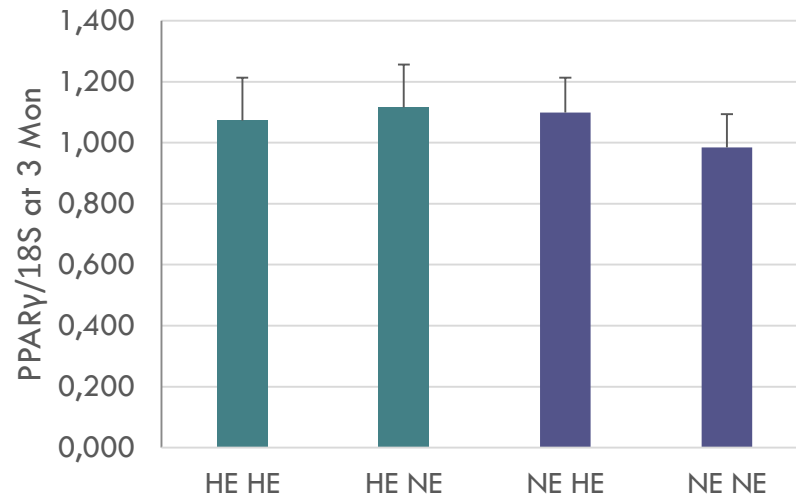
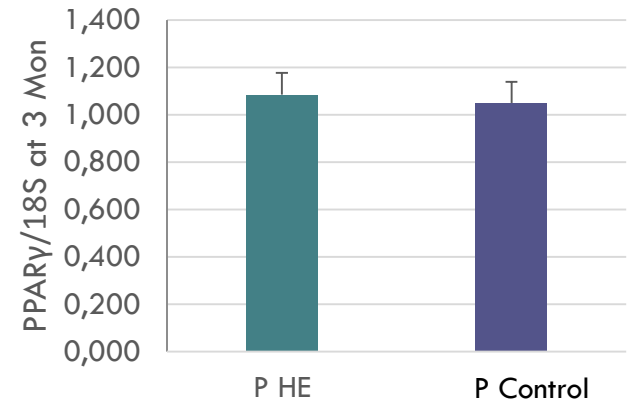
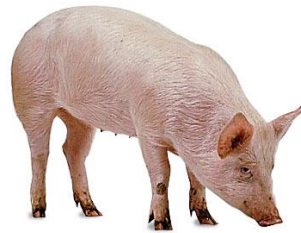
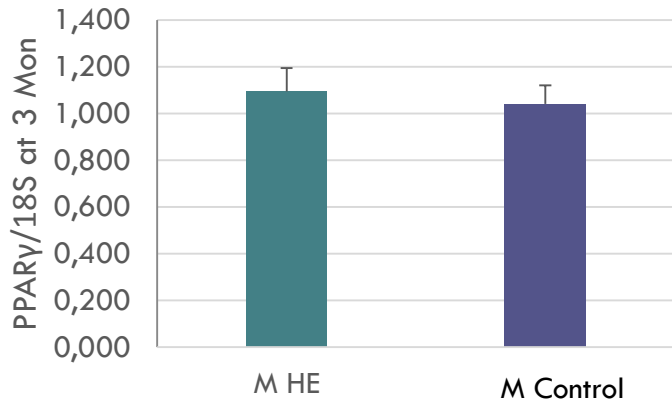
At 3 Months



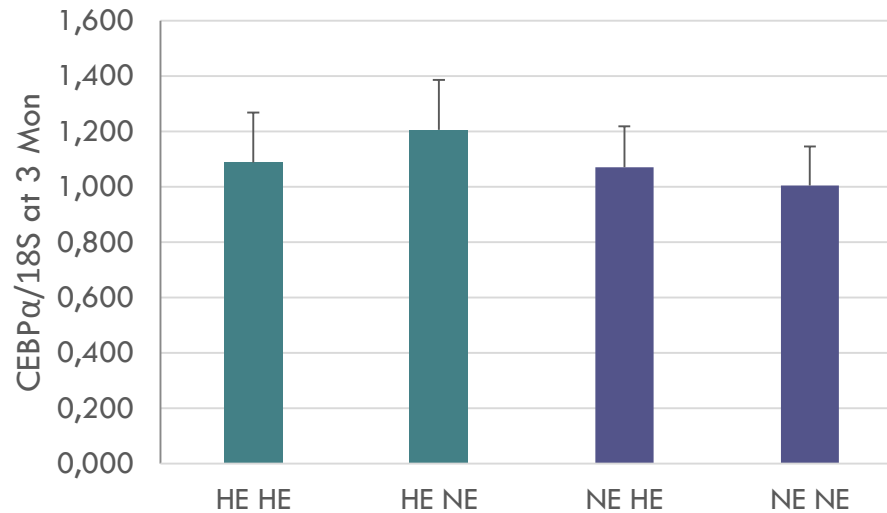
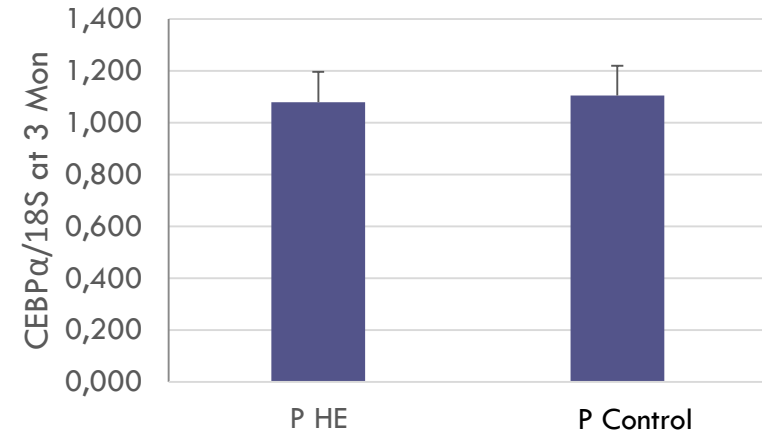
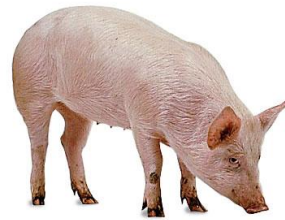
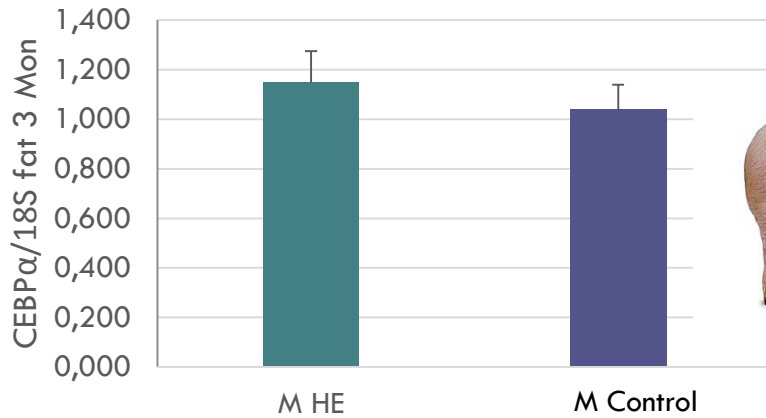
Adipose SFRP5 at 3 Mon



Adipose PPAR γ at 3 Mon



Adipose CEBP α at 3 Mon

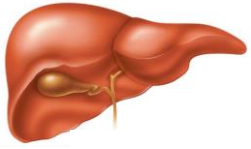


Summary

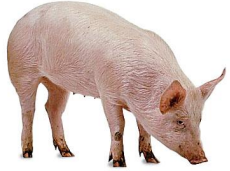
- Offspring of mothers that gained excess weight during pregnancy:
 - ▣ Weighed more at 8 weeks and 10 weeks of age, although were not significantly different at the end of the study
 - ▣ Had higher expression of increased adipogenesis at 48 hr (SFRP2) and 3 wks (CEBP α , PPAR γ , SFRP4, and SFRP5).
 - ▣ These indicators were lost at 12 wks
- Pigs were still relatively young at sacrifice, so this might not be a good time to see the final effect of fetal programming in pigs
- Postnatal diet might play a more dominant role in the determination of offspring adiposity in pigs.



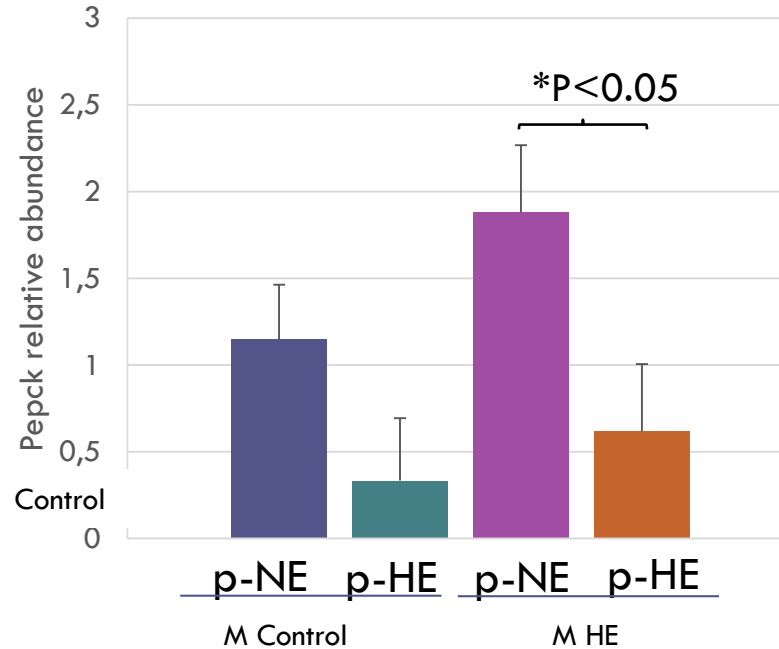
Questions?



Relative abundance of liver transcripts at 12 wks



Early life metabolic & growth adaptations



Maternal Gestation Nutrient Intake

	Control	High Energy
Total intake, kg/day	2.05	3.0
Total Protein, g/day	370	395
Total Lysine, g/day	16.03	15.8
Total Fat, g/day	119	178
Metabolizable Energy, kcal/day	6761	10144